

Dermaplaning is a skin resurfacing procedure, therefore, you can expect that for the first 48 hours post-treatment, your **skin will be sensitive**. It is essential that you avoid the following:

- » Swimming in salt or chlorine pools
- » Excessive exercise, sweating and/or overheating the skin (light exercise and a little sweating are completely fine)
- » Direct sunlight
- » Touching and picking your skin

Please note that it is normal to experience a rush of oil excretion overnight, as there is no longer any hair for the sebum secretion to stick to.

You must **ALWAYS use a Skin Correctives recommended sunscreen** while having any resurfacing treatments.

### THE FIRST WEEK

For one week post-treatment, use your Skin Correctives recommended day and night routine, while also **AVOIDING** the following:

- » Vitamin A
- » AHA or BHA
- » Scrubs and harsh exfoliants
- » Heavy makeup that may cause blockages of the follicles
- » Any advanced skin treatments

**Only follow your Skin Correctives therapist's instructions.**

### DAY 3-5

You can expect to experience mild flaking of the skin. This is due to the resurfacing benefits of Dermaplaning treatment. To alleviate this, your Skin Therapist may recommend that you use an exfoliant or mask. **DO NOT pick or rub the skin off prematurely** as this can lead to scarring and pigmentation problems.

**IF YOU HAVE ANY QUESTIONS OR YOU REQUIRE ANY FURTHER INFORMATION, PLEASE FEEL FREE TO CONTACT US:**

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