



### WHAT YOU NEED TO KNOW:

- » Extreme heat and tenderness may be present and can last up to 6 hours post-treatment.
- » Some swelling and redness may also last up to 3 – 5 days.
- » Hot and humid weather conditions will aggravate your skin in the period immediately after treatment.
- » **Apply Solar Damage Gel each morning and night** to the treated area, alongside your home prescriptives and SPF as recommended by your Skin Correctives therapist.
- » For 24 hours post-treatment, **avoid excess sweating, exercise, hot showers, direct sunlight**, or anything that will heat the skin.
- » For 7 days post-treatment, **avoid Vitamin A, AHAs, BHAs, and any other exfoliants**.
- » **DO NOT use ice packs** to cool the skin. Over-cooling the skin can cause an inflammatory response, resulting in burns. If needed, use a cool cloth only.
- » After 3-5 days, pigmented lesions will become darker before they become lighter. Dark scab-like areas can form; these will eventually fall off to reveal new healthy clear skin underneath. This process can take up to 2 weeks depending on your cell turnover. **DO NOT scratch or pick the scab-like/peeling areas** as this can increase your risk of scarring.
- » **DO NOT expose the treated area to the sun for at least 4 – 6 weeks**. Sun avoidance should become a permanent component of your long-term skincare program. Sun exposure, tanning and self-tanning lotions are not allowed in the treated areas during the course of the treatment.
- » Post-treatment, your Skin Correctives therapist may recommend melanin suppressants for maintenance.
- » For best results, multiple IPL Pigment sessions are recommended.

**IF YOU HAVE ANY QUESTIONS OR YOU REQUIRE ANY FURTHER INFORMATION, PLEASE FEEL FREE TO CONTACT US:**

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