



WHAT YOU NEED TO KNOW:

- » Extreme heat and tenderness may be present and can last up to 6 hours post-treatment.
- » Some swelling and redness can occur around the eye area and may also last up to 3 – 5 days.
- » Depending on the area treated, slight bruising can sometimes occur - this is normal.
- » Hot and humid weather conditions will aggravate your skin in the period immediately after treatment.
- » **Apply Solar Damage Gel each morning and night** to the treated area, alongside your home prescriptives and SPF as recommended by your Skin Correctives therapist.
- » For 24 hours post-treatment, **avoid excess sweating, exercise, hot showers, direct sunlight**, or anything that will heat the skin.
- » For 7 days post-treatment, **avoid Vitamin A, AHAs, BHAs, and any other exfoliants**.
- » **DO NOT use ice packs** to cool the skin. Over-cooling the skin can cause an inflammatory response, resulting in burns. If needed, use a cool cloth only.
- » Some vascular lesions may immediately disappear during treatment, whilst others will become darker before eventually disappearing. This can take up to 3 - 5 days depending on the lymphatic system.
- » Scabbing may also form but will eventually fall off to reveal new healthy clear skin underneath. **DO NOT scratch or pick the area(s)** as this can increase your risk of scarring.
- » **DO NOT expose the treated area to the sun for at least 4 – 6 weeks**. Sun avoidance should become a permanent component of your long-term skincare program. Sun exposure, tanning and self-tanning lotions are not allowed in the treated areas during the course of the treatment.

IF YOU HAVE ANY QUESTIONS OR YOU REQUIRE ANY FURTHER INFORMATION, PLEASE FEEL FREE TO CONTACT US:

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