



### WHAT YOU NEED TO KNOW:

- » Extreme heat and tenderness may be present and can last up to 6 hours post-treatment.
- » Some swelling and redness can occur around the eye area and may also last up to 3 – 5 days.
- » Depending on the area treated, slight bruising can sometimes occur - this is normal.
- » Hot and humid weather conditions will aggravate your skin in the period immediately after treatment.
- » **Apply Solar Damage Gel each morning and night** to the treated area, alongside your home prescriptives and SPF as recommended by your Skin Correctives therapist.
- » For 24 hours post-treatment, **avoid excess sweating, exercise, hot showers, direct sunlight**, or anything that will heat the skin.
- » For 7 days post-treatment, **avoid Vitamin A, AHAs, BHAs, and any other exfoliants**.
- » **DO NOT use ice packs** to cool the skin. Over-cooling the skin can cause an inflammatory response, resulting in burns. If needed, use a cool cloth only.
- » Some vascular lesions may immediately disappear during treatment, whilst others will become darker before eventually disappearing. This can take up to 3 - 5 days depending on the lymphatic system.
- » Scabbing may also form but will eventually fall off to reveal new healthy clear skin underneath. **DO NOT scratch or pick the area(s)** as this can increase your risk of scarring.
- » **DO NOT expose the treated area to the sun for at least 4 – 6 weeks**. Sun avoidance should become a permanent component of your long-term skincare program. Sun exposure, tanning and self-tanning lotions are not allowed in the treated areas during the course of the treatment.

**IF YOU HAVE ANY QUESTIONS OR YOU REQUIRE ANY FURTHER INFORMATION, PLEASE FEEL FREE TO CONTACT US:**

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